

Malcolm O. Munro

Introduction

*Our speaker today is **Malcolm O. Munro, the Career Fitness Coach**, someone who is committed to helping people become more effective by motivating, educating and equipping them to achieve maximum performance in their personal and professional lives. Malcolm is a passionate and dynamic communicator in the areas of leadership, innovation and personal development. And he's a man on a mission—a **mission to develop the next great generation of leaders and managers**.*

*Before becoming a full-time speaker, writer, and consultant, Malcolm worked in many large organizations in the area of Human Resource development. He knows what it's like to deal with all of the internal issues and junk of an organization. He knows how to lead and how to change as a leader. He knows how to innovate. He knows how to connect deeply with people. And he knows how to inspire them to invest themselves in something bigger than themselves—to give themselves to something incredible—**which is what I'm sure he'll do for all of us today!***

So, without further ado, will you now join me in welcoming our speaker today, the Career Fitness Coach, Mr. Malcolm O. Munro.

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Introduction

*Our speaker today is **Malcolm O. Munro, the Career Fitness Coach.** Malcolm is committed to helping people become more effective by motivating, educating and equipping them for success. He is an author, speaker, consultant, and coach who works exclusively with businesses and individuals who want be more productive, more focused, and achieve their personal and professional goals.*

*Malcolm is the author of **Marketing Yourself for Your Dream Job: How to Get the Job and Career You've Always Wanted** and 6 other business books. He has a monthly career coaching feature in *Men's Fitness Magazine*, is a regular career information contributor to *The Washington Post*, and has been featured as a career expert on *WFRE* radio in *Frederick, MD*.*

Before becoming a full-time speaker, writer, and consultant, Malcolm worked in many large organizations in the area of Human Resource development. He knows what it's like to deal with all of the internal issues in large organizations and deal with the challenges managers and entrepreneurs face on a daily basis.

Today, Malcolm is going to talk about steps we can take right now to be more successful in our personal and professional lives. He'll challenge you to think differently about what you want from life and how you plan to get it. By thinking through his 10 Steps, you'll have a new roadmap to make your business and personal life resilient through these challenging economic times.

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