



Malcolm O. Munro

The "Career Fitness Coach"
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Malcolm Munro, the "Career Fitness Coach" is an experienced speaker, consultant, and coach who has worked with hundreds of executives, managers, employees, and students in various levels and stages of career development. He is the author of ***Marketing Yourself for Your Dream Job: How to Get the Job and Career You've Always Wanted.***

He holds a Master of Arts degree in Organizational Leadership from Chapman University and a Bachelor of Science degree in Health Care Management from Southern Illinois University. He is a licensed practitioner of the Apter Motivational Styles Profile, and is a qualified facilitator of the Myers-Briggs Type Indicator®, the Strength Deployment Inventory (SDI), and FIRO™ Element B.™.

Malcolm's background is primarily in Healthcare, Consulting, Information Technology, Entrepreneurship, Leadership & Management, and Marketing. His typical coaching clients come from these backgrounds after careers in successful companies or as graduates of business schools. He also does significant work for transitioning personnel in the United States Armed Forces at both the executive and junior levels.

Prior to going into business for himself, Malcolm created training and professional development programs at U.T. Medical Group, Inc. in Memphis, TN, Holy Cross Hospital in Silver Spring, MD, and Contract Services Association of America in Arlington, VA. Malcolm is an adjunct Professor of Business Administration at Strayer University in Newington, VA and has held similar positions at Vincennes University in Bremen, IN and Crichton College in Memphis, TN. He is also a United States Navy veteran who served 15 years on active duty before retiring in 1999 as part of the Temporary Early Retirement Authority.

Malcolm's clients include Business Management Research Associates, Inc., Centre Consulting, Inc., Florida Power & Light, Cubic Applications, Inc. Assurant Technologies, Inc., Ki Professional Services Group LLC, PM Services Company, The American Management Association, The Smithsonian Institution., The Robert H. Smith School of Business at University of Maryland, and all 4 branches of the United States Military.

In addition to his latest book on career transition, Malcolm is also the author of: *12 Simple (but not simplistic) Principles Every Manager Needs to Know*, *Who Am I? How Your God-Given Personality Defines the REAL YOU*, *From Cave to Cubicle: A Practical Guide to Organizational Behavior*, *Podium Paranoia: Transforming Fear Into Knockout Presentations*, and co-author of *The People Skills Handbook*. He has been featured as a career expert on WFRE Radio, *The Washington Post*, and writes a monthly column in *Men's Fitness Magazine*.



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